



More info?
Participant information sheet



LANDSBYGGEFONDEN



AARHUS UNIVERSITET



STATENS SERUM INSTITUT



KØBENHAVNS
UNIVERSITET

helsefonden



Indeklima og Sundhed
på Bellahøj (ISB) 20:

The short version

ENGLISH



I S B

Why ISB?



About **1 out of 6** people in Denmark live in non-profit housing. It is therefore important to conduct research that in particular benefits residents in non-profit housing. The aim of the ISB-project is to examine the impact that the remodeling of Bellahøjhusene has on the indoor air quality in the apartments, as well as your health as residents (especially symptoms of asthma, common cold, virus infections and more). The more people enroll, the more we will be able to conclude on the impact of indoor air quality.

All contributions are important and appreciated.

Who can participate?

- 18 years + and children 0-10 years (with parents)
- Remodeled and not-remodeled apartment (SAB I and II, fsb, AKB and AAB)
- Regardless of your health
- Regardless of indoor air quality problems

You can also opt to:

- be interviewed in our office
- participate online/over the phone
- set up the mold sample tests yourself

Will it take a long time?

It does not have to.

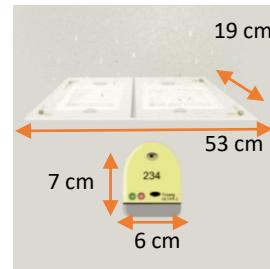
1

Questionnaire about your home and you (15-30 min.)



2

Indoor air quality measurements for 2-4 weeks (5-10 min. to set up/collect)



Indoor air quality loggers don't take up much space

3

Questionnaire/interview about symptoms and sickness: after about 2 and 4 months (5-10 min.)

DECEMBER						
Mandag	Tirsdag	Onsdag	Torsdag	Freitag	Lørdag	Søndag
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
						1

+

Rapid antigen tests that can tell you if you, for example, have influenza or something else (**self-administered during sickness**)



How do you sign up?

1 Visit at:

https://bornogastma.dk/isb_en

2 Or call us and we will help you

E-mail:

jonathan.groot@regionh.dk

Telephone:

38 67 41 39

Monday-Friday 8 am- 6 pm

Sunday kl. 12 pm -3 pm

Who is behind the project?

Jonathan Groot is the researcher behind the project. He is a senior researcher and project leader in ISB, employed at COPSAC, **Herlev-Gentofte Hospital**. He researches public health and is very interested in equality in living conditions, housing and health. *The project is independent research. Your answers will not be shared with the municipality, housing association, funding agencies, neighbors or others outside the project. Everything is voluntary and confidential.*

